

**ST. JOSEPH'S CHURCH MILTOWN MALBAY ST. MARY'S CHURCH MOY**  
**CRÍOCHA CALLAN PASTORAL AREA**

**CHURCH OF IRELAND – CHRIST CHURCH SPANISH POINT**

**Second Sunday of Lent Year B 28<sup>th</sup> February, 2021**

**Priests' Phone No's:** Father Donagh O'Meara 087 2322140 /065 7087012

Father Martin Blake 087 6720287

Father Martin Shanahan 087 7486935

**Church of Ireland:** Contact: Rev. Kevin O'Brien 065-6724721/089 2310427

**Parish Office:** (10.30a.m.-12.30) Tel/Fax: 7079829 Email: [malbayparish@gmail.com](mailto:malbayparish@gmail.com)

**In Miltown Malbay Church**

**Readers for Next Sunday:** 6 p.m. Caroline O'Rourke

12.15 p.m. Flann O'Keefe

**Next Sunday is the third Sunday of Lent Year B Friday is the First Friday of March**

**LITURGIES FOR THIS WEEK:**

**Miltown:** ( [www.miltownmalbayparish.ie](http://www.miltownmalbayparish.ie) webcam)

**MASS:** **10 a.m.** Tuesday, Wednesday, Thursday

**10 a.m. Friday** for Kathleen & Michael  
Walsh, Caherogan  
(1<sup>st</sup> Anniversary for Kathleen)

**Saturday:** **Mass 6 p.m. – Grouped Anniversary**

**Masses**

Denis & Teresa Shannon, Son Denis &  
Deceased Family Members, Kildimo  
Mary, Jay & John Sexton, Ballard  
David Hogan, Ballard Road  
Tom & Ellie Hinchy, Clohanmore  
Jack & Mary Murrihy, Knockbrack  
John Nolan & Deceased Family Members

**Sunday:** **Mass 12.15 p.m**

**MASS ON CLARE FM** each Sunday at 9 a.m.

**REMEMBRANCE:** Sympathy to the Haugh Family on  
the Death of Eoin, may his gentle Soul Rest in Peace.

**FIRST FRIDAY:** We are not doing our usual First Friday  
calls but if a family member would like to bring Holy  
Communion to a loved one please contact Fr. Donagh and we  
can arrange it.

**PARISH PASTORAL COUCIL MEETING**

on Zoom Thursday 4<sup>th</sup> of March at 8 p.m.

**PRIESTS LENTEN COLLECTION:**

The Priests of the Parish would like to thank everyone  
who contributed to the Priests collection last week-end.

**EUCCHARISTIC ADORATION:**

Adoration of the Blessed Sacrament on Friday 5<sup>th</sup>  
March in Miltown Church from 10.30am - 3pm

**Also** Adoration on **Saturday 6<sup>th</sup> March** from 12-3pm

**MILTOWN/MOY DEFIBRILLATOR 065 7050199**

**SOCIETY OF ST. VINCENT de PAUL 086 2168749**

**BASKET COLLECTION** – 21/02/2021 = €1,675

**PRIESTS COLLECTION:** 21.02.2021 = €1,660

**LENTEN PSALM OF AWAKENING**

Come, O Life-giving Creator  
and rattle the door latch of my slumbering heart.

Awaken me

as you breathe upon a winter-wrapped earth,  
gently calling to life virgin Spring.

Awaken in these fortified days  
of Lenten prayer and discipline  
my youthful dream of holiness.  
Call me forth from the prison camp  
of my numerous past defeats  
and my narrow patterns of being  
to make my ordinary life extra-ordinarily alive,  
through the passion of my love.

Show to me during these Lenten days  
how to take the daily things of life  
and by submerging them in the sacred,  
to infuse them with a great love  
for you, O God, and for others.

Guide me to perform simple acts of love and prayer,  
the real works of reform and renewal  
of this overture to the spring of the Spirit.

O Father of Jesus, Mother of Christ,  
help me not to waste these precious Lenten days of my  
soul's spiritual springtime. - Edward Hays

**PRAYER TO ST. ROCH**

St. Roch by the ministry of an Angel, God gave you a  
promise engraved on a Tablet, that whoever would  
invoke your name, would be preserved from all  
contagious diseases and illnesses. St. Roch pray for us  
that we may be preserved from all contagious diseases  
and illnesses – especially the Corona Virus. Amen

**ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy  
Sacrament. I love You above all things, and I desire to  
receive You into my soul. Since I cannot at this moment  
receive You sacramentally, come at least spiritually into my  
heart. I embrace You as if You were already there and unite  
myself wholly to You. Never permit me to be separated  
from You. Amen.

### **CONFIRMATION:**

Confirmation for the Children of Rockmount, Rineen and Moy National Schools will take place at 11 a.m. on Friday 30<sup>th</sup> April.

Confirmation for the Children of Miltown N.S. will take place at 11 a.m. on Thursday 27<sup>th</sup> May.

These two dates are provisional and may be subject to change again.

### **LENTEN TALKS:**

For the Season of Lent we will have two talks on the Web. Tuesday March 9<sup>th</sup> Fr. Michael Conway, Professor of Culture in Maynooth will reflect on the impact of Covid on Faith in these times.

Thursday 18<sup>th</sup> of March Martina Lehane Sheehan will do an input on Meditation with a focus on Lent.

**WEDNESDAYS ON THE WEB** will continue this Wednesday 3<sup>rd</sup> March at 8 p.m. This Wednesday night the "Turf Shed" will entertain us. Please join us on the Miltown Malbay Parish Webcam [www.miltownmalbayparish.ie](http://www.miltownmalbayparish.ie) or on the Radio 105.2fm. You also might inform people living away from home who might like to log on.

### **DR. BILLY O'CONNELL RETIREMENT**

A presentation of a book of memories will be presented to Dr. Billy O'Connell on Wednesday night next at our Wednesday on the Web session to mark his retirement. Please view on <http://www.miltownmalbayparish.ie/webcam> at 8pm

**ROCKMOUNT NS** is now enrolling for Sept. 2021. Please email: [rockmountnationalschool@gmail.com](mailto:rockmountnationalschool@gmail.com) for further information.

### **HOPE DURING LENT:**

The pandemic is posing huge challenges for all of us and the Pastoral Council in both Kilmurry Ibrickane and Miltown Malbay Parishes have decided to have a number of workshops online to help us at this time.

On Wednesday 10<sup>th</sup> March Michael Doherty will reflect on resilience and Evan Garvey will reflect on overcoming addiction.

On Thursday 11<sup>th</sup> March West Clare Mental Health will give some tips on how to deal with this difficult time

On Friday 12<sup>th</sup> March Kevin Shalloo from K-Fit Kilrush keeping the body and mind fit during the pandemic and Dr. Susan Crawford will speak on supporting families with special needs. This will all be available to view on [www.kibparish.ie/webcam](http://www.kibparish.ie/webcam) from 7pm to 9pm each evening.

### **COVID-19 Support Line for Older People**

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm by calling **0818 222 024**

### **SCHOOL ENROLMENT:**

St. Joseph's N.S. Miltown Malbay is now enrolling new students for Sept. 2021. Enrolment Forms can be downloaded from our website: [www.stjosephsimm.ie](http://www.stjosephsimm.ie) and posted to the school. For any enquiries please contact Aidan Looney on 087- 6909605

**CLOTHES RECYCLING:** St. Joseph's N.S. Miltown Malbay is holding a clothes recycling collection on Monday 15<sup>th</sup> March. Items for recycling include: clothing, household linen, sheets, blankets, curtains, shoes, handbags. No duvets or underwear please. Items to be in clean condition. Please drop your recycling bags to the main door or into the bicycle shelter before March 15<sup>th</sup>. Contact Aidan on 087-6909605.

### **ST. PATRICK'S DAY VIRTUAL EVENT:**

Clare County Council invites Clare people at home/abroad to take part, by recording and submitting a performance, prizes to be won. For more details see [www.clarecoco.ie](http://www.clarecoco.ie).

**RINEEN N.S.** Enrolment Forms for Parents who wish to enrol their child in Rineen NS are now available and can be downloaded from our school website. Alternatively you can email the school at [rineenschool@gmail.com](mailto:rineenschool@gmail.com) and request an enrolment form. Or ring Michael on 086 3352159.

### **UPCOMING EVENTS:**

Tuesday, 2<sup>nd</sup> March & Tuesday 9<sup>th</sup> March 2021

#### **Uplifting Chair Yoga class, for happiness & wellbeing. A Healthy Ireland at Your Library **Online event at 11am****

Join yoga teacher Trish Cleary for a taster chair yoga class from the comfort of your own home. Chair yoga is a gentle form of yoga that can be done while sitting on a chair or standing on the ground and using the chair for support. This exercise can help to keep the body supple and healthy, reduce stress and improve mental health. Free event for adults throughout Co Clare, limited numbers, booking essential. In order to take part, participants will require remote access to Zoom. Please book your place by calling Kilrush Library on 065 9051504 during branch opening hours or alternatively email [kilrush@clarelibrary.ie](mailto:kilrush@clarelibrary.ie)

Friday, 5<sup>th</sup> March 2021

#### **'Manage your mood with food'. A Healthy Ireland at your Library event. **Online event at 1pm****

During this presentation consultant dietitian Gillian McConnell B.Sc (Hons) Dietetics, MINDI from Inside Out Nutrition will explore the relationship between what you eat and how you feel. You will get plenty of evidence based practical top tips on how to incorporate healthy eating into your life and feel better in your mood. Free event for people throughout Co Clare aged 18+. Booking is essential. In order to take part, participants will require remote access to Zoom. Please book your place by calling Kilrush Library on 065 9051504 or email [kilrush@clarelibrary.ie](mailto:kilrush@clarelibrary.ie)

Tuesday 09<sup>th</sup> March 2021

#### **Happiness Workshop with Bob Vernon. A Clare Reads Event. **Online event at 7pm****

Bob Vernon will give a talk & workshop on happiness. Finding happiness is one of the themes of Niall William's book, '*This is Happiness*'. In this workshop Bob will explore some simple ways to help cope with the stresses and strains, to relieve physical and nervous tension, and to reinforce our wellbeing. He will also include a very quick stress-busting emergency exercise.

A free event for people throughout Co Clare aged 18+. Booking is essential. In order to take part, participants will require remote access to Zoom. Please book your place by calling Kilrush Library on 065 9051504 during branch opening hours or email [kilrush@clarelibrary.ie](mailto:kilrush@clarelibrary.ie)