

ST. JOSEPH'S CHURCH MILTOWN MALBAY ST. MARY'S CHURCH MOY
CRÍOCHA CALLAN PASTORAL AREA

CHURCH OF IRELAND – CHRIST CHURCH SPANISH POINT

Fourth Sunday of Easter (Day of Prayer for Vocations) Year B 25th April, 2021

Priests' Phone No's: Father Donagh O'Meara 087 2322140 /065 7087012

Father Martin Blake 087 6720287

Father Martin Shanahan 087 7486935

Church of Ireland: Contact: Rev. Kevin O'Brien 065-6724721/089 2310427

Parish Office: (10.30a.m.-12.30) Tel/Fax: 7079829 Email: malbayparish@gmail.com

In Miltown Malbay Church

Readers for Next Sunday: 6 p.m. Anne Downes
12.15 p.m. Flann O'Keefe

Next Sunday is the Fifth Sunday of Easter Year B

LITURGIES FOR THIS WEEK:

Miltown: (www.miltownmalbayparish.ie webcam)

MASS: **10 a.m.** Tuesday, Wednesday & Friday

MASS: **10 a.m. Thursday** for Noel Walsh, Limerick
& Flag Road (1st Anniversary)

MASS: **10 a.m. Saturday** for Tony Egan, Ballinoo
(Months Mind)

MASS: **6 p.m. Saturday** for Dessie Fitzgerald,
Tullygarvan, Lahinch (Months Mind)

MASS: **12.15 p.m. Sunday**

MASS ON CLARE FM each Sunday at 9 a.m.

REMEMBRANCE: Our prayers are asked for
the repose of the Soul of Martin (Dot) Marrinan,
Flag Road who died during the week.
Rest in Peace Dot.

EUCCHARISTIC ADORATION:

Adoration of the Blessed Sacrament every Friday in St.
Joseph's Church from 10.30 a.m. – 3 p.m.

PRAYER TO ST. ROCH

St. Roch by the ministry of an Angel, God gave you a
promise engraved on a Tablet, that whoever would
invoke your name, would be preserved from all
contagious diseases and illnesses. St. Roch pray for us
that we may be preserved from all contagious diseases
and illnesses – especially the Corona Virus. Amen

ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most
Holy Sacrament. I love You above all things, and I
desire to receive You into my soul. Since I cannot at
this moment receive You sacramentally, come at least
spiritually into my heart. I embrace You as if You
were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

REFLECTION:

God has created me to do Him some definite service.
He has committed some work to me which He has not
committed to another. I have my mission. I may never
know it in this life, but I shall be told it in the next. I
am a link in a chain, a bond of connection between
persons. He has not created me for naught. I shall do
good; I shall do His work. I shall be an angel of peace,
a preacher of truth in my own place, while not
intending it if I do but keep His commandments.
Therefore, I will trust Him, whatever I am, I can never
be thrown away. If I am in sickness, my sickness may
serve Him, in perplexity, my perplexity may serve
Him. If I am in sorrow, my sorrow may serve Him. He
does nothing in vain. He knows what He is about. He
may take away my friends. He may throw me among
strangers. He may make me feel desolate, make my
spirits sink, hide my future from me. Still, He knows
what He is about.

WORKING WITH LOVE

All work is empty save when done with love.
And what is it to work with love?
It is to weave the cloth with threads drawn from
your heart,
even as if your beloved were to wear that cloth.
It is to build a house with affection,
even as if your beloved were to dwell in that
house.
If you cannot work with love but only with
distaste,
it is better that you should leave your work,
and sit at the gate of the temple
and take alms from those who work with joy.
For if you bake bread with indifference,
you bake a bitter bread that feeds but half of man's
hunger.
And if you grudge the crushing of the grapes,
your grudge distils a poison in the wine.
Work is love made visible.

Kahlil Gibran

CONGRATULATIONS & BLESSINGS

To Sr. Gabriel Margaret Mee, Carhuduff on the 50th Anniversary of Religious Profession. May you have many more years of good health & abundant grace, to serve the Lord, all the days of your life. **Happy Golden Jubilee**

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COVID-19 Support Line for Older People

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm by calling **0818 222 024**

Monday, 10th May 2021

Managing the perils of the home office, with strategies to prevent and relieve neck, shoulder and back pain. A Healthy Ireland at your Library event.

Online event at 1pm

Join Chartered Physiotherapist Andrew O’Neill, of AON Physiotherapy, for an hour long workshop to discuss why prolonged sitting causes musculoskeletal pain and how simple movement assessments and exercises can relieve pain and stiffness. The workshop will conclude with a Q and A. Free event for people throughout Co Clare aged 18+. Booking is essential. Participants will require remote access to Zoom. Please book your place by emailing kilrush@clarelibrary.ie or by calling Kilrush Library on 065 9051504 during branch opening hours.

Tuesday, 18th May 2021

Five ways to wellbeing during tough times. A Healthy Ireland at your Library event.

Online event 1pm- 3pm

This 2 hour workshop, which will be delivered by Claire Flynn, Development Officer, with Mental Health Ireland, will cover and define the concepts of mental health and wellbeing. It will help to develop your understanding of how you can look after your wellbeing during tough times and how the application of the Five Ways to Wellbeing can become an effective coping strategy. Free event for adults throughout Co Clare, places are limited, booking is essential. In order to take part, participants will require remote access to Zoom. Please book your place by calling Kilrush Library on 065 9051504 during branch opening hours or alternatively by emailing kilrush@clarelibrary.ie

REMINDER FOR EVERYONE AGED 60 AND OVER TO REGISTER FOR THEIR VACCINE:

We would like to remind everyone aged 65-69 to register for their COVID-19 vaccine through the HSE’s online registration system or on the phone with HSELive

Following the success of the online registration for people aged 65-69, we are inviting those aged 60-64 to register.

However, before we do, we want to remind those aged 65-69 who have yet to register to make sure to register as soon as possible. Everyone in this age group is now eligible to register including:

- frontline healthcare workers who haven’t gotten an appointment through their workplace
- people aged 65-69 who have a health condition that puts them at very high risk (vaccine allocation Group 4) and who haven’t been given an appointment through their hospital or healthcare team

Online registration – information for patients and service users

People in this age group who are registering online will need their Personal Public Service Number (PPSN), their Eircode, an email address or a mobile phone number. A friend or family member can help.

If someone is finding it difficult to go online and register or they can ring HSE Live for support on **1850 24 1850** or **01 240 8787** from 8am to 8pm, 7 days.

Overseas Volunteers Training Course

September 2021 - Open to all! Viatores Christi, a faith-based development organisation has specialised in the recruitment, training and deployment of overseas volunteers since 1960. VC runs an online volunteer preparation course covering Community Development, Health, Global Awareness, Mission, etc. This is open to all! Once completed, participants can be considered for volunteer roles through VC EU Aid Volunteers #EUAVI programmes. If you want to know more, click [here](#) or visit the News section of our website www.vcvolunteers.ie or email info@viatoreschristi.com

The Triest Community Employment Scheme (sponsored by Brothers of Charity Clare

Services) are currently recruiting, the following positions in the Clare Services: Support Workers, Cleaners and Art & Craft Assistant. Please contact the local DSP Employment Services/Intreo Office to check your eligibility and to apply for this vacancy or contact - Thomas Gilligan at 065-6823123 / 086 380 9994.

MILTOWN/MOY DEFIBRILLATOR 065 7050199
SOCIETY OF ST. VINCENT de PAUL 086 2168749
BASKET COLLECTION – 18/04/2021 = €1,771